

# Caesura

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POETRY FESTIVAL & RETREAT



*October 18 - 20, 2019*



*Welcome to the 2<sup>nd</sup> Annual  
Caesura Poetry Retreat and Festival  
Hosted by the  
Montgomery County  
Poet Laureate Program*

*Our hope is for this event to  
continue to grow as both a platform  
and a foundation for celebrating  
and supporting poets and the  
poetry community in Southeastern  
Pennsylvania and beyond*

*Thank you for joining us.  
Let's get this festival started.  
Relax. Enjoy. Be Inspired.*





**CAMPHILL SOLTANE**

Camphill Soltane cultivates and strengthens inclusive communities by advocating alongside people with disabilities. Feel free to visit our website [camphillsoltane.org](http://camphillsoltane.org) to find out more about us, including the links to social enterprise websites.

**tekpoet**

### **An Online Artistic Collective**

Tekpoet channels top talent to reach and foster the creative process in new and emerging poets. Our goal is to create mutually satisfying collaboration between our mentors and poets in the development of their manuscripts.



# Caesura

## Workshop Schedule

Sat	Time	Session A
Check-in	8:00 - 9:00 am	Breakfast & Welcome
Session One	9:15 - 10:45 am	Deborah Fries Longing, Compassion and Return
Session Two	11:00 - 12:30 pm	Amy Small- McKinney How Bewilderment and Uncertainty Shape the Poem
Lunch	12:30 - 2:00 pm	Lunch   Open Mic Poetry   Henna
Session Three	2:30 - 4:00 pm	Chad Frame Patchwork Poems: Crafting a Cento at Peredur
Session Four	4:15 - 5:45 pm	MaryAnn L Miller Memoir through Poetry: What if my sister reads this?
Dinner	5:45 - 6:45 pm	Dinner
	6:45 - 7:45 pm	Drum Circle & Bonfire with Poetry Readings
Sat	Time	Session A
Check-in	8:00 - 9:00 am	Breakfast & Welcome at Iduna
Session One	9:00 - 10:30 am	Hanoch Guy Writing Poems of Fantasy and Dreams
Session Two	10:45 - 12:15 pm	Cathy Cohen Poems and Visual Art Emerson
Lunch	12:15 - 1:30 pm	Lunch   Open Mic Poetry at Iduna
Session Three	1:30 - 3:00 pm	J.C. Todd Hacking the Ekphrastic, with a Digital Twist
Session Four	3:15 - 4:45 pm	Yolanda Wisher: Color Studies
Closing	4:45 pm	Publication submissions final drop off



# Caesura

## Workshop Schedule

Session B	Session C
Breakfast & Welcome	
Christopher Bursk Frolic with Mythology and Poetry	Alyssa Scarborough Quick Campus Tours
Dilruba Ahmed "I Woke Up and It Was Political": Exploring Contemporary Poems	Lisa Scarborough Yoga & Meditation
Lunch   Open Mic Poetry   Henna	
Joy Stocke Recipes as Poems/Poems as Recipes	Patrick Spatz Collage Class
Ritual & Practice The Shared Power of Witchcraft & Poetry	Lisa Scarborough Yoga & Meditation
Dinner	
Drum Circle & Bonfire with Poetry Readings at Whitsun Hall	
Session B	Session C
Breakfast & Welcome at Iduna	
Camille-Yvette Welsch Poaching the Genres	Music & Meditation
Ona Gritz/Daniel Simpson Imperfections Are Where Our Stories Live	Lisa Scarborough Yoga & Meditation
Lunch   Open Mic Poetry at Iduna	
Cleveland Wall Regarding Place in Poetry – Lens or Frame?	Alyssa Scarborough Harvest Walk & Estate Tour
Yolanda Wisher: Color Studies	
Publication submissions final drop off	



# Caesura

## Workshops

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### *How Bewilderment and Uncertainty Shapes the Poem* *Amy Small-McKinney*

*"...a poem emerges by itself, like something developing in a dark place." from Bewilderment, by Fanny Howe*

Poet, Denise Levertov tells us, "Both art and faith are dependent on imagination; both are ventures into the unknown." It is during this process of discovery that we poets often stop ourselves from facing bewilderment and uncertainty and try to control our poems too soon. We will consider the benefits of permitting the states of bewilderment and uncertainty to lead us toward surprise and discovery, rather than succumbing to the impulse to edit before the poem is ready. We will read excerpts about uncertainty by Fanny Howe, John Keats, Mark Doty. We will read poems by poets who seem to embrace uncertainty fearlessly. Our primary mission will be to explore the experience of not knowing the real subject until our poems have written themselves, and to listen to the poems trying to be heard beneath our own internal censors. Prompts and our imaginations will jumpstart us into the beauty of uncertainty. It is my hope that when students leave this workshop, they will have a poem-in-progress.



Amy Small-McKinney won The Kithara Book Prize 2016 (Glass Lyre Press) for her second full-length collection of poems, *Walking Toward Cranes*. Her poems have appeared in journals, such as, *American Poetry Review*, *The Cortland Review*, *Construction*, *upstreet*, *LIPS*, *Connotation Press*, *Philadelphia Stories*, *The Indianapolis Review*, and *Tiferet Journal*. Small-McKinney's poems also appear in several anthologies, for example, *Veils, Halos, and Shackles: International Poetry on the Abuse and Oppression of Women*, edited by Charles Fishman and Smita Sahay, and *BARED: Contemporary Poetry and Art on Bras and Breasts*, edited by Laura Madeline Wiseman (Les Femmes Folles Books). Periodically, she publishes poetry book reviews; her latest is forthcoming in *Prairie Schooner*. Her work has also been translated into Korean and Romanian. In 2011, Small-McKinney was the Montgomery County Poet Laureate. During her tenure, she used poetry as a tool for healing with adolescents in the mental health system. She currently facilitates community poetry workshops in Philadelphia.

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## POETRY WORKSHOPS

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### *Poaching the Genres | Camille-Yvette Welsch*

In this workshop, we will talk about how the tenets of fiction and non-fiction can be used to further our aims in poetry. From plot and characterization to setting and epiphany, mixing the genres can offer poets innovative ways to approach our work.



*Camille-Yvette Welsch is the author of FULL and The Four Ugliest Children in Christendom. A teaching professor of English at Penn State, she directs Penn States High School Writing Day. Her work has appeared in Indiana Review, Mid-American Review, The Writer's Chronicle, Literary Mama, and other venues. For more information, visit her website at [www.camilleyvettewelsch.com](http://www.camilleyvettewelsch.com).*

### *Poems and Visual Art | Cathy Cohen*

Together we we will experiment with drawing and collage making to inspire poems. This workshop is designed for folks with little prior visual art-making experience, but everyone is welcome! A piece from this workshop will be selected for use as the cover for the commemorative book of poetry that will be published from poets submitted during the festival.



*Cathleen Cohen founded ArtWell's We the Poets program in Philadelphia ([www.theartwell.org](http://www.theartwell.org)). Her poems have appeared in Apiary, Baltimore Review, Cagibi, Chrysalis Journal, East Coast Ink, Philadelphia Stories and other journals. In 2017 her chapbook "Camera Obscura" was published by Moonstone Arts Press. Cathleen is also a painter and currently exhibits her work at Cerulean Arts Gallery in Philadelphia. She received the Interfaith Relations Award from the Montgomery County PA*

*Human Rights Commission and the Public Service Award from National Association of Poetry Therapy.*

### *Patchwork Poems: Crafting a Cento | Chad Frame*

From the Latin for "patchwork quilt" a cento is a form of found poetry stitched together from borrowed lines. While this is typically done using lines from other poems, this workshop will encourage you to find poetry in

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## POETRY WORKSHOP DETAILS

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less obvious places—song lyrics, news articles, movie quotes, advertising copy, and anything else you can think of.

We will read and discuss examples of centos before moving on to study the craft. After honing techniques to choose words and phrases, we'll then piece them together into poetry with its own distinct voice to make it ours.

Come with a favorite book, series of song lyrics, magazine, film or TV quotes, or choose from a selection that will be provided. Be prepared for minor craft and collage elements as we cut and paste!



*Chad Frame's work has appeared in decomp, Barrelhouse, Philadelphia Stories, Menacing Hedge, Rust+Moth, and elsewhere. He was the 2017 Poet Laureate of Montgomery County, Pennsylvania, serves as the Poetry Editor of Ovunque Siamo: New Italian-American Writing, is a founding member of No River Twice, a poetry improv performance troupe, and the founder of the Caesura Poetry Festival and Retreat. He was interviewed and featured on the radio program "The Poet and the Poem" by Grace Cavalieri*

*from the Library of Congress.*

### *Frolic with Mythology & Poetry | Christopher Bursk*

Frolic with Adonis, Icarus, Aphrodite, Crazy Jane, Abba Jacob, Lady Lazarus, Miss Rosie, and a handful of flowers. Open the door and invite myth into your poetry, with the help of Yeats, Sandy Becker, Louise Gluck, Joy Harjo, Milton, Ovid, and others. You'll leave the workshop with a poem or two and perhaps an idea for a new book.



*Chris Bursk, recipient of NEA, Guggenheim, Pew Fellowships, is the author of fifteen books, including the AWP Donald Hall Prize in Poetry, Improbable Swervings of Atoms, and the Milton Kessler Award for First Inhabitants of Arcadia. In addition to teaching at Bucks County Community College, he spent three decades working in the criminal justice system. He runs a poetry workshop that dates back to 1982.robable Swervings of Atoms", and the Milton Kessler Award for "First Inhabitants of*

*Arcadia". Chris is also a teacher at Bucks County Community College.*

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## POETRY WORKSHOP DETAILS

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### *Regarding Place in Poetry – Lens or Frame? Cleveland Wall*

To what extent is your work shaped by the places you inhabit, and to what extent do those places inhabit you? In this workshop we will explore poems with a strong sense of place and consider how that element manifests and how it functions in the poem. Is place a frame containing the action of the poem, or is it a lens through which the action is viewed? Can it be both? Together we will examine works by Ellen Bryant Voigt, Richard Blanco, James Dickey, Carolyn Forché, Richard Hugo, and Frank O'Hara to identify the ways place is operating in those poems; then we will use what we've learned to infuse a sense of place into our own prompt-generated poems.



*Cleveland Wall is a poet, editor, and teaching artist. Her work has appeared in Philadelphia Stories, Möbius, Full of Crow, and beyond. She is a founding member of No River Twice and cohost of Tuesday Muse, a monthly performance series at Bethlehem's Ice House. She also performs with poetry/classical guitar combo Lyrical Wanderlust. Between whites she does more art and makes little chapbooks. Her first book, Let X=X, drops in fall 2019.*

### *Ritual & Practice The Shared Power of Witchcraft & Poetry Courtney Bambrick | Kailey Tedesco*

In this experiential workshop we will look at the ways we can court primal (perhaps magic) powers in our writing craft. We will try to learn lessons in language from the witch: deliberation, intention, and tuning ourselves to match the frequencies around us. Come prepared to write, but also to gather inspiration from our surroundings, and to share ideas and energy with our small community.



*Courtney K. Bambrick is poetry editor of the regional literary magazine Philadelphia Stories. Her poetry has appeared online or in print in Apiary, Certain Circuits, Dirty Napkin, Philadelphia Poets, Mad Poets Review, and Schuylkill Valley Journal. She performed as part of the 2016 Welcome to Boog City Festival. Her chapbook Rape Baby was a runner up in the 2013 Pavement Saw chapbook competition and most of it was published as*

*"Caring for Your Rape" in the Body Map series at The Fanzine, curated by*

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## POETRY WORKSHOP DETAILS

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*Sarah Rose Etter. Courtney has taught composition, creative writing, and literature at a number of colleges and universities in the Philadelphia area. In addition to poetry, Courtney has written two one-act plays for Old Academy Players' Summer One Act Bonanza as well as adaptations of musicals for young people for Old Academy's Children's Arts Program which she has coordinated for more than ten years.*



*Kailey Tedesco is the author of *She Used to be on a Milk Carton* (April Gloaming Publishing) and *Lizzie, Speak* (White Stag Publishing). She is a senior editor for *Luna Luna Magazine*, and she currently teaches an ongoing course on the witch in literature at Moravian College. You can find her work featured or forthcoming in *Gigantic Sequins*, *Electric Literature*, *Black Warrior Review*, *Fairy Tale Review*,*

*Bone Bouquet Journal*, and more. For further information, please follow @kaileytedesco.

### *Longing, Compassion and Return: Poetry of Repair and Reconciliation | Deborah Fries*

There are people, places, moments and circumstances we long for but will never have. Lost or unattainable, we ache with longing even as we try to accept reality, reconcile ourselves to what must be released, forgive ourselves and others for what cannot be. How can we process these yearnings without despair? How can we write about these feelings without being too sentimental? In this 90-minute workshop, we'll look at the work of poets like Richard Blanco, Natasha Trethewey, Major Jackson, Mary Oliver, Tim Seibels, Tracy K. Smith and others who have approached longing and letting go with fresh imagery. Responding to prompts, workshop participants will create their own symbolic language for how and what we want, including the desire to repair family schisms and racial divides.



*Deborah Fries is the 2006 Montgomery County Poet Laureate, selected by the late Galway Kinnell. A poet, writer and printmaker, she is the author of two books of poetry, and a contributor to numerous non-fiction publications. She serves on editorial boards for *Terrain.org* and *Moonstone Press*. She offers multi-genre writing workshops in personal narrative and narrative medicine in the Greater Philadelphia area. <https://deborahfries.net>*

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## POETRY WORKSHOP DETAILS

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### *“I Woke Up / And It Was Political”* *Exploring Contemporary Poems | Dilruba Ahmed*

Join us for a workshop that takes its title from Jameson Fitzpatrick’s poem, “I Woke Up,” and involves a close look at a diverse group of “political” poems. During our time together, we’ll consider the following questions: what makes a poem “political”? What craft elements support the poem’s capacity to effectively engage us in politicized material? How does interplay between the personal and the political affect the poem’s impact? What strategies can we take away from master poets to help us tackle personal and politicized topics of our own?

Together, we’ll investigate how diction, syntax, sensory description, and other craft elements work together to navigate politicized material and create reader engagement. We’ll examine work by poets such as Ilya Kaminsky, Yusef Komunyakaa, Juan Felipe Herrera, Bernadette Mayer, Kamilah Aisha Moon, Harryette Mullen, Craig Santos Perez, Evie Shockley, Danez Smith, and others. During the workshop, we’ll also consider how our own poems are situated within social, cultural, and historical contexts that may be fleshed out in ways that bring greater depth and meaning to our work.



*Dilruba Ahmed is the author of Bring Now the Angels (University of Pittsburgh Press, April 2020). Her debut book of poetry, Dhaka Dust (Graywolf Press), won the Bakeless Prize. Her poems have appeared in American Poetry Review, Kenyon Review, New England Review, Ploughshares, and Poetry. Her poems have also been anthologized in The Best American Poetry 2019 (Scribner), Halal If You Hear Me (Haymarket Books), Literature: The*

*Human Experience (Bedford/St. Martin’s), and elsewhere. Ahmed is the recipient of The Florida Review’s Editors’ Award, a Dorothy Sargent Rosenberg Memorial Prize, and the Katharine Bakeless Nason Fellowship in Poetry awarded by the Bread Loaf Writers’ Conference. Web: [www.dilrubaahmed.com](http://www.dilrubaahmed.com).*

### *Writing Poems of Fantasy and Dreams | Hanoch Guy*

*“We are the stuff that dreams are on”*  
Shakespeare: The Tempest

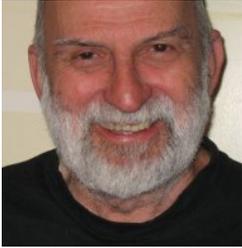
The course will offer ways of expanding our poetic writing. We will read poems of fantasy and humor such as Upside poems by Kabir, whimsical poems by E. E. Cummings as well as ones by Siverstein, Beresford, Guy and others. It will be followed by prompts leading to writing short poems

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## POETRY WORKSHOP DETAILS

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and reading without comments. The workshop will end with a collective reading.



*Hanoch Guy, Ph.D, Ed.D spent his childhood and youth in Israel and is a bilingual poet in Hebrew and English. Hanoch is an emeritus professor of Jewish and Hebrew literature in Temple University. He has taught poetry and mentoring at the Musehouse center. Hanoch has published his poetry in the US, England, Wales, Greece and Israel. He won awards in Poetica, Mad Poets Society, Philadelphia Poets, Poetry Super Highway, and 1st prize in Better than*

*Starbuck Haiku Contest. "Terra Treblinka" is a finalist in the North Book Contest. Hanoch is the author of eight English poetry collections and a Hebrew poetry collection.*

### *Hacking the Ekphrastic, with a Digital Twist | J.C. Todd*

The ekphrastic poem comes alive in the connection between the poet's eye and the visual art that captures its gaze. A current rushes between you and the art. Sometimes you're struck dumb. Sometimes language just flows. But then what? How do you keep the connection fresh and lively enough to create a poem? How do you hack the ekphrastic?

This workshop offers models and key modes of approach to stimulate the bilateral call and response between poet and artwork. We'll discuss model poems and their inspirations; we'll experiment with modes of "reading" a work of art, including the use of digital lenses; we'll explore modes of physical and digital response and re-vision. We'll move, record, sketch and write as a warm-up to drafting a poem. Then we'll share (those who want to) as a way to consider the emotional tone of the art and the poem.

Ekphrastic newbies and old-hands are welcome. Bring your cell phone/iPod and your gaze as tools of discovery."



*J. C. Todd is a Fellow of the Pew Center for Arts & Heritage and winner of the 2016 Rita Dove Poetry Prize. Author of *The Damages of Morning* (Moonstone Press, 2018), *What Space This Body* (Wind, 2008), with poems in the *Beloit Poetry Journal*, *Paris Review*, and other journals, she has received fellowships from the Pennsylvania Council on the Arts, Bemis Center for Contemporary Art, the Leeway Foundation, Ucross, Ragdale, and Virginia*

*Center for the Creative Arts. She has taught poetry at Bryn Mawr College, the MFA Program at Rosemont and is a Dodge Festival poet.*

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## POETRY WORKSHOP DETAILS

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### *Recipes as Poems/Poems as Recipes | Joy Stocke*

*The Eggplant Epithalamion, Erica Jong, Once upon a time on the coast of Turkey there lived a woman who could cook eggplant 99 ways...*

Join us in the kitchen with writer, editor, publisher, poet, and cookbook author Joy Stocke, an expert on the cuisine of the Eastern Mediterranean, to explore poetry about food and ingredients that have their own stories. A great recipe like a great poem creates a structure in which you can imagine, envision, and “taste” not only a subtext, but a larger story. Together, we’ll discuss poet/writer Erica Jong’s ode to eggplants, *The Eggplant Epithalamion*, with its allusions to Arabic and Byzantine culture. Stocke has worked closely with and published the work of her mentor, Edmund Keeley, the preeminent translator of Alexandrian poet, Constantine Cavafy. In addition to Jong’s poem, Joy will share Keeley’s poem about his mother and Greek wife’s competing recipes for Moussaka. Additionally, Joy will deconstruct one of her own recipes and share how form dictates the number of ingredients and order. Finally, we will begin to write our own food poems or recipes. Come with your favorite family recipe.



Joy Stocke is the author of *Tree of Life: Turkish Home Cooking*; *Anatolian Days and Nights: A Love affair with Turkey, Land of Dervishes, Goddesses and Saints*, and a collection of poems set on the island of Crete, *The Cave of the Bear*. She has been published widely in the U.S. and abroad. Stocke minored in food science at the University of Wisconsin, Madison, where she learned how to professionally test recipes. Founder of the literary journal *Wild River Review*, and a respected literary consultant, Stocke has mentored and published the work of numerous writers in the Mid-Atlantic region, as well as worldwide. <https://anatoliantreelife.com>, [www.wildriverreview.com](http://www.wildriverreview.com)

### *Memoir through Poetry: What if my sister reads this?*

*MaryAnn L Miller*

Everyone has a story, everyone experiences suffering and joy, and someone will be comforted by your story. We will look into the driving issue behind your story and find connections between you and other writers who have tackled memoirs in a variety of ways. We’ll discuss how strong emotions might be re-lived as you write, and how your personal experience can create universality, the difference between memoir and autobiography, and how to structure your narrative as a series of poems.

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## POETRY WORKSHOP DETAILS

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A list of published memoirs and a detailed guide for thinking will be provided ahead of the workshop. You are worth writing about and you may be positively surprised by the response you get, even from your relatives.



*MaryAnn Miller's most recent book of poems is "Cures for Hysteria," Finishing Line Press 2018. She has been twice nominated for a Pushcart Prize. Her work has been published in Ovunque Siamo, stillwater Review, Wordgathering, Kaleidoscope, International Review of African American Art and others. Her poem "Canaletto Validates My Grandmother" won an award in the 2018 Passager poetry contest. For Miller, poetry and visual art intercept constantly. She was the Resident Book*

*Artist at the Experimental Printmaking Institute, Lafayette College from 2001-2017 and is the Book Artist in Residence at Raven Fine Art Editions. Her artist books are in the National Museum of Women in the Arts, Special Collections at Bryn Mawr College, Swarthmore, Purdue University, Rutgers University and Stanford University. She has designed and bound a book with the poet Nikky Finney now in the collection of President and Mrs. Obama. Miller publishes hand-bound artist books pairing artists and poets through [www.luciapress.com](http://www.luciapress.com).*

### *Imperfections Are Where Our Stories Live* *Ona Gritz & Daniel Simpson*

Poetry often needs the tiniest of particulars in order to talk about the largest abstractions. "No ideas but in things," said William Carlos Williams. Thus, in order to talk about the idea of imperfection, Molly Peacock focuses on the smallest of flaws in a hand-loomed rug and David Hernandez considers light on a molecular level.

In this workshop, we will read poems of imperfection, particularly as it relates to the body. After warming to the topic in a freewriting activity, we will turn toward writing poems to or about our own bodies and some aspect of their imperfection. Perhaps you'll write a love poem to a scar, a mole, or a chronic ache. A revelatory poem about the part of you that you ordinarily try to disguise with secrets or makeup or beneath baggy clothes. A narrative poem where you flesh out the story you're telling by exposing how you feel about your disability, or size, or the changes that are happening to your body as you age. In this supportive, generative workshop, we'll explore together how it feels to live in our skin, warts and all.

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## POETRY WORKSHOP DETAILS

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Ona Gritz and Daniel Simpson, who frequently give joint readings, have collaborated on two books, as co-authors of *Border Songs: A Conversation in Poems* (Finishing Line Press) and as co-editors of *More Challenges for the Delusional: Peter Murphy's Prompts and the Writing They Inspired* (Diode Editions.) Each has work in the forthcoming book, *About Us*, published by Norton/Liveright, an anthology of essays which first appeared in the *New York Times Disability* series, and in *Beauty Is a Verb: The New Poetics of Disability*, published by Cinco Puntos Press. They are married and live in Lansdowne, Pennsylvania.

### *Color Studies | Yolanda Wisner*

In this generative and playful workshop, we will use color to prompt raw poems that revolve around memory, seek out new forms, and stretch our capacity to make words from images. We'll write three poems—one based on a paint chip, another inspired by a quilt, and a third drawn from a watercolor study of your own design.



Philadelphia-based poet Yolanda Wisner is the author of *Monk Eats an Afro* (Hanging Loose Press, 2014) and the co-editor of *Peace is a Haiku Song* (Philadelphia Mural Arts, 2013). Wisner was named the inaugural Poet Laureate of Montgomery County, Pennsylvania in 1999 and the third Poet Laureate of Philadelphia in 2016. A Pew and Cave Canem Fellow, she has been a Writer in Residence at Hedgebrook and Aspen Words. Wisner taught high school English for a decade, served as Director of Art Education for Philadelphia Mural Arts, and was the 2017-2018 CPCW Fellow in Poetics and Poetic Practice at the University of Pennsylvania. Wisner founded and directed the Germantown Poetry and Outbound Poetry Festivals and currently works as the Curator of Spoken Word at Philadelphia Contemporary. She regularly performs a unique blend of poetry and song with her band *The Afroeaters* and is part of the first cohort of artists with studios at the Cherry Street Pier on the Delaware River Waterfront.

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## PROFESSIONAL POETRY CRITIQUE

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### *\*Professional Poetry Critique*

*Grant Clauser | Hayden Saunier | Liz Chang | Chad Frame*

In this workshop you'll have the opportunity to have your poems read and critiqued by three Montgomery County Poet Laureates all at once. That's right--it's a three on one workshop that's all about you. This unique opportunity gets you three experienced writers and teachers all focusing on your work. Collectively these poets have published books, have had work in top journals and anthologies and taught in colleges, conferences and special events. This is an opportunity you won't want to pass up.

*\*These are booked independently from the event and will be held Friday at Community Arts Phoenixville. Details at [moncopoet.com/caesura](http://moncopoet.com/caesura)*



*Hayden Saunier is the author of three poetry collections: *How to Wear This Body*, *Say Luck*, *Tips for Domestic Travel* and a chapbook, "Field Trip to the Underworld." Her work has been awarded the Pablo Neruda Prize, Rattle Poetry Prize, and the Gell Poetry Award and nominated numerous times for the Pushcart Prize. She is the founder of the poetry + improvisation group *No River Twice*.*



*Liz Chang was 2012 Montgomery County Poet Laureate, Pennsylvania. Her chapbook *Animal Nocturne* is available from Moonstone Press. Her poems have recently appeared in *Verse Daily*, *Origins Journal*, *Breakwater Review* and *Stoneboat Literary Journal*, among others. She is an Associate Professor of English at Delaware County Community College.*



*Grant Clauser is the author of four books, including *Reckless Constellations* and the *Magician's Handbook*. He's the winner of the Cider Press Review Poetry Prize and the Dogfish Head Poetry Prize. His poems have appeared in *The American Poetry Review*, *The Literary Review*, *The Journal*, *Poet Lore*, *Painted Bride Quarterly*, *Southern Poetry Review* and others. He teaches workshops at Rosemont College and edits for a major media company.*

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## ADDITIONAL WORKSHOPS

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### *Yoga for the Fall | Lisa Scarborough*

It's time to dig out the sweatshirts and flannels as the fall season moves in. Just as we make shifts in our wardrobe to adapt to the weather, so too, should we shift our lifestyle practices to prepare ourselves for the new season. According to Ayurveda, the "sister science" of yoga, the cool, airy qualities of the season can sometimes manifest as insomnia, anxiety and foggy mind. This all levels

yoga will focus on warming, grounding and stabilizing, preparing us for the winter months ahead. We'll end with a delightful meditation to leave you feeling grounded and inspired. This yoga is accessible to all and no prior experience is needed. If the weather cooperates we may be able to have class out on the grounds. Bring your yoga mat.

*Lisa Scarborough blends over 35 years of experience in the health and beauty industry with a deep passion for the profound healing science of Ayurveda, I believe that radiant beauty is revealed when one aligns her true self with the wisdom of mother- nature. Together we will develop a personal wellness plan using private consultation, holistic beauty services, Ayurvedic body therapies and private yoga sessions. Through Vedic wisdom, in the spirit of cleansing and purification, I offer you the most natural products, the most purifying treatments, and the most loving support in your quest for healthy and thoughtful living.*

*Certifications, Trainings & Degrees:*

*650 Hr Ayurvedic Health Counselor Kripalu, RYT 200,*

*Ayurvedic Bodywork Certification*

*Advanced Ayurvedic Studies Certifications*

*Holistic Nutrition Clayton College of Holistic Health*

*Reiki 1, Licensed hairdresser/cosmetologist*



### *Patrick Spatz | Collage Class*

*Patrick Spatz is an audio and visual artist who currently resides at Camphill Soltane in Glenmoore, PA. Spatz is an advocate for conscious practices in the music industry.*

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## ADDITIONAL WORKSHOPS | ENTERTAINMENT

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belly pig, Penelope.

### *Guided Nature Walk | Alyssa Scarborough*

This walk will meander through Soltanes 52 acre campus including wooded walking paths.

Alyssa leads a Land Stewardship and Homesteading course offered through the Parzival Training and Working Program. Here, participants of all abilities learn to grow, preserve, and cook their own food. Alyssa and her team also care for Angora rabbits and goats for fiber, chickens for eggs, and a pot-



### *Karen Smith | Drum Circle*

Karen L. Smith - Percussionist, Playwright, Poet, Director, Educator, hails from Brooklyn New York and has been a Philly immigrant since the mid-nineties. Karen has played with numerous of musical artists, poets, storytellers, combos, theater productions and was the lead percussionist for Ms. Debbie Allen Artist in Residence Program under the Mann Center for the Performing Arts. Ms.

Smith has her own two groups as well, *Sistahs Laying Down Hands* and *Weez the Peeples Collectives*. Karen has also written a number of plays and is currently the recipient of the Leeway Foundations Art and Change Grant for March of 2019 to continue to create her latest project, "Awoke" the musical on Mass Incarceration. "My purpose has been granted and I embraced it daily with honor."



Cathleen Cohen





# Caesura

## Sponsors | Friends of the Festival

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The Caesura Poetry Festival would not be possible without the support of the members of the Montgomery County Poet Laureate Advisory Board and our sponsors.

Camphill Soltane

TekPoet

J Cop Creative

Cathy Cohen

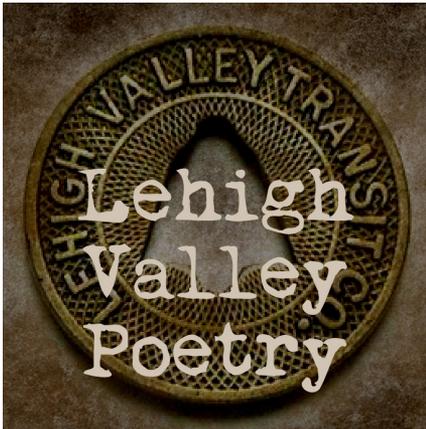
PNC Wealth Management

Lehigh Valley Poets

Rodgers House Concerts

Wobbly, Oliver & Nobody

Karen L. Smith, Percussionist



Congratulations  
to the  
Lehigh Valley  
Poetry Scholarship  
Winner  
**Heather Musto**



## RODGER'S HOUSE CONCERTS

11 Years in the making.  
Great music, wonderful poetry,  
and pleasant company.

Email Rodger to get on the list  
[rodlow31@gmail.com](mailto:rodlow31@gmail.com)

Congratulations to our Student Scholarship Winner

**Brianna Schunk**

**1<sup>st</sup> Runner Up - Anna Lendacky**

Sponsored by Rodger's House Concerts



## Karen L Smith

Percussionist Playwright Poet

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